



WHY YOU NEED AN ALP

ALPs provide another option to people who are medically eligible to qualify to live in a nursing home or other live-in facility that would provide a lot of medical care, but do not need that much help at this time. By living in a place where you can receive the right services in a less intensive, less expensive setting, you can stay safe in the community while receiving all of the services you need. ALPs are located throughout the five boroughs and in other New York State Counties.

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Mayor
 Michael R. Bloomberg

Human Resources
 Administration

Department of
 Social Services

Robert Doar

Commissioner

A Long Term Care Program - ALP

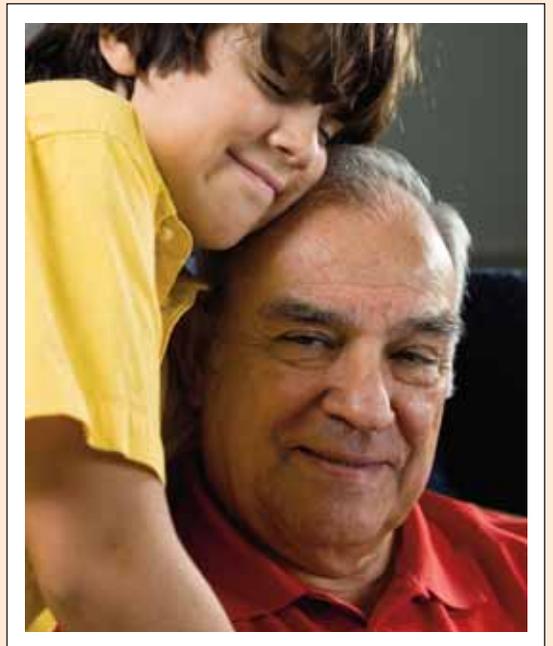
Assisted Living Program



WHO WE ARE

The Assisted Living Program (ALP) is a housing program that gives people more than just a roof over their head. You may be right for an ALP if you:

- Are 55 years old or older;
- Need a place to live where you can get some extra help, but not enough that you would need to live in a nursing home or other “highly structured medical environment”;
- Have a stable medical condition;
- Are able, with direction, to take sufficient action to assure self-preservation in an emergency;
- Are Medicaid-eligible;
- Are able to walk and move (shift) from one position to another on your own.



HOW WE CAN HELP

ALPs give residents a place to live, meals and other services which may include:

- Help in the home for an extended period of time;
- Therapy to help you recover from an injury or other illness;
- Housekeeping;
- Supervision;
- Case management services of a registered professional nurse;
- Medical supplies;
- Personal Emergency Response Service;
- Case management service;
- Nursing services.

ALPs can also provide or arrange for you to get your health services at home, most often for people who were already living at home but now need a little more help than they did before. Assisted Living residences are licensed by the New York State Department of Health.

Contact Us

If you have questions or need more information on the Assisted Living Program



call
212-694-8400 or 8401

or call
311

or visit

www.NYC.gov/hra/LTC

WHEN YOU APPLY

In order to apply to live in an ALP, you need to contact the program directly. The ALP will do a review to see whether you would be eligible to live there. This review will include a physician's order, nursing assessment, social assessment, and an interview with you. If you are eligible, the ALP would create a plan for the services you would get if you lived there and submit it to the Human Resources Administration for approval.

Referrals for the ALP may be received from a number of sources including: hospital discharge planners, residential health care facility social workers, and social service district staff.

